

Lunch Menu

WEEK ONE AUTUMN WINTER

(V) vegetarian option
(Ve) vegan option



STAR DISH
























































MEAT FREE

GRAB & GO

POT 'N' TASTY

SIDES

TODAY'S DESSERTS

	Green Earth	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Halal Paprika Chicken & Sri Lankan Dahl, Steamed Mixed Rice 	Halal Beef Lasagne with garlic bread  	Sustainably Sourced Battered Fish & Chips 	Halal Chilli Con Carne & Fiesta Rice  	Halal Jerk Chicken with rice & peas & soul Gravy  
MEAT FREE	Roasted Coriander Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice  	Mediterranean Vegetable Lasagne with Garlic Bread (v)  	Cheese & Tomato Pizza & Chips 	Chilli Sin Carne & Fiesta Rice (Ve)   	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)  
GRAB & GO	Chicken Burger 	Halal Mediterranean Chicken Sub  	Melted Cheese Panini 	Halal Piri Piri Chicken wrap 	Halal Pepperoni Pizza  
POT 'N' TASTY	Tomato & Basil Pasta 	Halal Sweet Chilli Chicken Pasta 	Halal Chicken Tikka & Steamed Rice 	Halal Sweet & Sour Chicken Noodles  	Pasta Arrabbiata 
SIDES	Baked Beans    Broccoli  Mixed Salad	Baked Beans    Fajita Roasted Sweetcorn & Peppers  Mixed Salad	Baked Beans    Peas  Mixed Salad	Baked Beans    Garden Salad Sri Lankan Vegetable Salad	Baked Beans    Peas  Mixed Salad
TODAY'S DESSERTS	Blueberry slice & custard 	Apricot Sponge & Custard 	Ginger Cake & Custard 	Chocolate Sponge & Custard 	Apple Crumble & Custard 

Slow-Release Energy Foods



For a Healthy Gut



Brain Boost



Contains Calcium



Contains Iron



Contains Protein



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PET 'N' TASTY

SIDES

TODAY'S DESSERTS

Green Earth	Tuesday	Wednesday	Thursday	Friday
Halal Chicken Curry with Rice 	Halal Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (H) 	Sustainably Sourced Battered Fish & Chips 	Halal Shepherd's Pie 	Halal Jerk Chicken with rice & peas & soul Gravy
Smokey Quorn Rice Bowl, Crispy Baked Tortilla & Lettuce & Salsa (V) 	Halal Jamaican Squash Curry with Pineapple Rice (V) 	Cheese & Tomato Pizza & Chips (V) 	Vegetable Chickpea curry & Rice (V) 	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)
Halal Pepperoni & Cheese Panini 	Halal BBQ Chicken Snack Wrap 	Dirty Quorn & Cheesy Bean Burger (V) 	Chicken Tikka Sub 	Halal Pepperoni Pizza
Pasta of the Day 	Pasta of the Day 	Pasta of the Day 	Pasta of the Day 	Pasta of the day
Baked Beans 	Baked Beans 	Baked Beans 	Baked Beans 	Baked Beans
Green Beans Garden Salad	Fajita Roasted Sweetcorn & Peppers 	Peas 	Seasonal Mixed vegetables Garlic Green Beans 	Peas
	Garden Salad 	Garden Salad 	Garden Salad 	Garden Salad
Lemon & Blueberry Slice & Custard 	Pineapple Upside Down Cake & Custard 	Baked Vanilla Sponge & Custard 	Fruit Crumble & Custard 	Eves Pudding & Custard

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WEEK THREE AUTUMN WINTER

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Green Earth	Tuesday	Wednesday	Thursday	Friday
Halal Jamaican Chicken Curry with Pineapple & Coconut & Rice 	Halal Chicken & Vegetable Enchilada, Savoury Rice (H) 	Sustainably Sourced Battered Fish & Chips 	Halal Cottage Pie Topped with Cheesy Mash 	Halal Jerk Chicken with rice & peas & soul Gravy
Vegetarian cottage Pie Topped with Cheesy Mash 	Mexican Vegetable Stew & Baked Tortilla (Ve) 	Cheese & Tomato Pizza & Chips (V) 	Jamaican Squash Curry with Pineapple & Rice	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)
Halal Chicken Sausage Roll 	Panini of the Day Halal Pepperoni or Cheesy Bean (V) 	Vegetable Cheeseburger (V) 	BBQ Veggie Melt (V) 	Halal Pepperoni Pizza
Pasta of the Day 	Pasta of the day 	Pasta of the Day 	Pesto Pasta Pot	Pasta of the day
Baked Beans 	Baked Beans 	Baked Beans, Peas 	Baked Beans 	Seasonal Mixed Vegetables
Garlic Green Beans 	Roasted Sweetcorn Wedges Garden Salad	Garden Salad	Steamed Broccoli 	Peas
Garden Salad	Flapjack & Custard 	Marble Chocolate Sponge & Custard 	Jammie sponge & Custard 	Iced Orange & Ginger Traybake & Custard
				Mixed Salad Lemon Drizzle Cake & Custard

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